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BOLD COMMANDS FROM GOD ON VIOLENCE:

“Give up your violence and oppression and do what is just and right.”

Ezekiel 45:9

6 “Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?”

Isaiah 58: 6

COMFORTING TRUTHS:

28 “Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

30 For my yoke is easy and my burden is light.”

Matthew 11: 28-30

17 “The righteous cry out, and the Lord hears them; he delivers them from all their troubles.

18 The Lord is close to the brokenhearted and saves those who are crushed in spirit.” NIV

Psalm 34:17-18